

# Barnet Youth

Spring 2025



**Free Spring  
Camps and  
Activities**

**Free trips to  
Laser Quest, Flip Out  
and Theatre**

**Fun Days**

**Science Shows, Magic Shows  
and Nerf battles**

**Volunteering**

**Could you be a Holiday  
Activity Volunteer?**



[barnetyouth.uk](http://barnetyouth.uk)

Caring for people, our places and the planet

BACE Holidays:  
Fully funded by the Department for Education



# Barnet Youth

Welcome to the Spring 2025 edition of our Barnet Youth Magazine! As the days get longer and the flowers begin to bloom, we celebrate the energy and creativity of our vibrant youth community. Spring is a time for renewal, exploration, and growth. In this edition, we encourage you to embrace the season with excitement – take part in local events, try something new, and continue supporting each other as we move into a brighter, warmer season. Let's make this spring unforgettable! Read on to discover family-friendly activities, helpful advice, support, and information about services in the London Borough of Barnet.



For children aged 4\*-16 who are eligible for benefit-related free school meals. Eligible

children will receive a Holiday Activity e-voucher by email to access an offer of camps, trips and enriching activities, including multi-sports, arts 'n' crafts, performing arts and much more. For up to 4 days of the Spring holidays. Each child will receive food/snacks.

*\*4-year-olds must be enrolled in reception at school.*

BACE Holidays is fully funded by the Department for Education under the Holiday Activity Food (HAF) Programme and runs in the Summer, Winter and Spring Holidays. To see more about how to get your Holiday Activity e-voucher go to page 3.

Spring BACE 2025 - 07 - 17 Apr 2025



If you are not eligible for BACE Holidays, you can still access Positive Activities, which offers a range of activities, from sports

and fitness to music and media, and even arts and cooking. There is so much on offer! The project runs during the school term-times and throughout the school holidays.

Positive Activities is FREE to all children and young people who live in or attend school in the London Borough of Barnet.

Spring Term Time: 06 Jan - 04 Apr 2025

Spring Holiday Activities: 07 - 17 Apr 2025

Summer Term Time: 22 Apr - 11 Jul 2025

May Half Term Holidays: 27 May - 30 May 2025



Follow @BarnetYouth\_ on Instagram  
barnetyouth.uk



## Partnership Working with the Duke of Edinburgh Award

Young People can access the Duke of Edinburgh Award and complete their Bronze, Silver and Gold Award. All children aged 7+ can drop-in to the Open Award Activity Nights in our young people's centres across the borough.

All Spring Activities will be live and available to book on the website on Friday 07 March 2025.

Bookings close Friday 28 March 2025 - so book early to avoid disappointment.



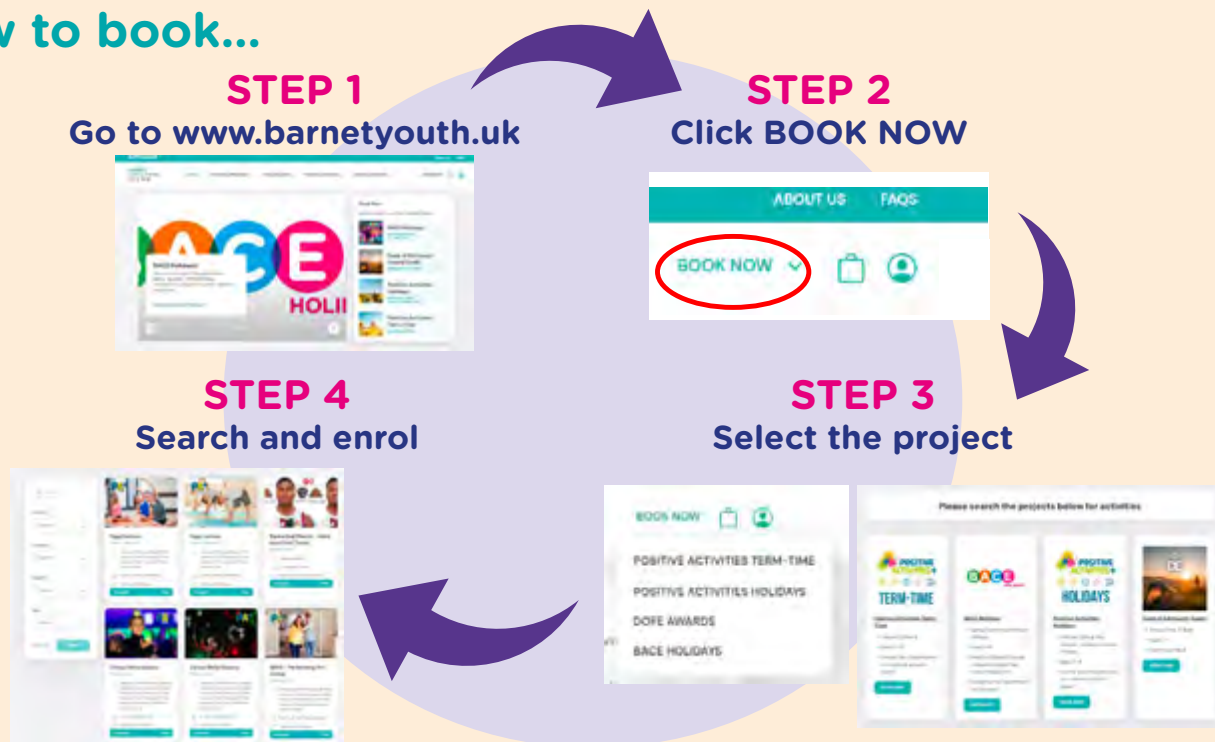
## Look out for Bring a friend Activities!

Some of our 12+ activities you can bring a friend along, even if they are not eligible for BACE Holidays!



	<b>What's On</b>	<b>PAGE</b>
	How to book	3
	Spring Camps	4
	Shows & Events	5
	Holiday Courses & Activities	7
	Trips – Flip Out, Laser Quest	9
	Term Time Activities	9
	Barnet Libraries	10
	Become a Parent Champion	10
	<b>Get Active</b>	<b>PAGE</b>
	FAB Cards	11
	Disney Shake Up	11
	Barnet Legends	11
	Duke of Edinburgh - Open Award Drop In	12
	Spotlight Provider	12
	<b>SEND Support and Offer</b>	<b>PAGE</b>
	How can www.BarnetYouth.uk support children with Special Educational Needs and Disabilities	13
	<b>Healthy Eating</b>	<b>PAGE</b>
	Recipes	14
	Healthy Eating Tips	15
	Cooking Sessions	15
	<b>Wellbeing, Welfare and Support</b>	<b>PAGE</b>
	Volunteering Barnet	16
	Get healthy with Gro this Spring!	16
	Food Banks, BOOST, Healthy Start	17
	Spring Safety Tips, Money Worries	18
	Mental Health Support	19
	<b>Did you know?</b>	<b>PAGE</b>
	Youth Centre Hire, Barnet Fostering	20

## How to book...



Please email [byes@barnet.gov.uk](mailto:byes@barnet.gov.uk) or [BACEHolidays@barnet.gov.uk](mailto:BACEHolidays@barnet.gov.uk) if you would like this booklet in larger print, Braille or in your language.



Here are the steps to finding your Holiday Activity eVoucher Codes:



### Additional Steps: Holiday Activity Vouchers (BACE Holidays ONLY)

To access BACE Holidays, you will need to be eligible for benefit-related Free School Meals. You MUST insert your 16 Digit Holiday Activity Voucher code sent to you via email in the cart on the [barnetyouth.uk](http://barnetyouth.uk) website.



**Please note:**  
Each eligible child will have their own voucher code. All codes will be sent on 07 March 2025 to the email you receive correspondence from the schools.



## Spring Camps

This spring, BACE Holidays invites children eligible for benefit-related free school meals (and who have received a 16-digit Holiday Activity e-voucher) to join in on the exciting activities with these amazing organisations. Each child can book up to 4 hours per day and up to 4 days throughout the spring break, subject to availability. If you're not eligible for BACE Holidays, read on to discover other fun activities available this spring. There's so much to enjoy this season!

PROVIDER NAME	ACTIVITY	VENUE	POSTCODE	AGES
<b>East Central Hub Area</b>				
Barnet Community Project	Multi-Activity Camp	Rainbow Centre	EN5 2UN	8 to 16
Fixation Academy Performing Arts Camp*	Arts & Crafts & Performing Arts	Whitings Hill Primary	EN5 2QY	4 to 11
Smart Play*	Arts & Crafts, Football and Multisports	Underhill School,	EN5 2LZ	4 to 12
Strength & Learning Through Horses	Horse Therapy	Greengates Stables, Mays Lane	EN5 2AQ	6 to 16
SBWA*	Multi-Activity Camp	Tarling Road Community Centre	N2 8LG	4 to 16
Fixation Academy Performing Arts Camp*	Arts & Crafts & Performing Arts	Martins Primary	N2 9JP	4 to 11
Non Stop Action*	Multi-sports Camp	Moss Hall Junior School	N3 1NR	5 to 12
Non Stop Action*	Dance Camp	Summerside Primary School	N12 0QU	5 to 12
SOTO CIC*	Multi-Activity Camp	Frith Manor Primary School	N12 7BN	4 to 12
Lift CIC	Football Camp	Wingate & Finchley FC	N12 0PD	12 to 16
Active London*	Multi-Activity Camp	Brunswick Park Primary	N14 5DU	4 to 11
Foundation Sports*	SEN Multi-Activity Camp	Ashmole Primary	N14 7NP	4 to 16
Foundation Sports*	Sports, Arts & Crafts	Ashmole Primary	N14 7NP	4 to 16
Mindcatcher SportsTech*	Sports Tech Camp	All Saints CofE Primary School	N20 9EZ	4 to 11
Community Focus	SEN Multi-Activity Camp	Community Focus Inclusive Arts, Friary Park	N20 0NR	4 to 16
We Are Grow (GROW)	Sustainable Food Growing/Outdoor Learning	Grow Farm, Totteridge Academy	N20 8AZ	9 to 12
<b>South Hub Area</b>				
Claremont Primary School*	Multi-Activity Camp	Claremont Primary School	NW2 1AB	5 to 11
Claremont Primary School*	SEN Multi-Activity Camp	Claremont Primary School	NW2 1AB	5 to 11
LIFt CIC	Football Camp	Whitefield School Claremont Road	NW2 1TR	12 to 16
Cricklewood Boxing Club	Boxing Boot Camp	Cricklewood ABC	NW2 6JR	6 to 16
Resources for Autism	Multi-Activity Camp/Specialist Scheme for Autistic Individuals	858 Finchley Road	NW11 6AB	8 to 16
The Hope of Child's Hill	Multi-Activity Camp	Basing Hill Park	NW11 8QY	6 to 15
<b>West Hub Area</b>				
Bulldogs Basketball CIC	Basketball Camp	Barnet Copthall Leisure Centre	NW4 1PX	8 to 11
Wuma Sports Ltd Basketball	Basketball Camp	Barnet Copthall Leisure Centre	NW4 1PX	12 to 16
Fixation Academy Performing Arts*	Arts & Crafts & Performing Arts	Fairways School	NW7 3HS	4 to 11
Non Stop Action*	Dance & Football Camps	Millbrook Park CE Primary School	NW7 1JF	5 to 12
Greentop Children's Centre*	Multi-Activity Camp	Greentop Children's Activity Centre	NW9 4BR	4 to 11
Axis Educational Trust*	Multi-Activity Camp	North London Grammar School	NW9 6HB	6 to 14
Sport4Kids*	Multisports Camp	Colindale School	NW9 6DT	4 to 11
FUSE CIC	Multi-Activity Camp	Old Library, The Concourse	NW9 5XA	8 to 16
Centre of Excellence	Multi-Activity Camp	4/5 The Concourse	NW9 5XB	5 to 16
Wuma Sports Ltd Basketball	Basketball Camp	Saracens High School	NW9 4AS	11 to 16
Motion 4 Kids*	Multi-Activity Camp	Princes Park Youth Football Club	NW9 7ND	5 to 16
LIFt CIC	Football Camp	St James Catholic High School	NW9 5PE	12 to 16
Stonegrove Estates Youth Project	Multi-Activity Camp	OneStonegrove	HA8 8EN	8 to 16
Superstar Sport*	Multisports Camp	Edgware Primary School	HA8 9AB	4 to 11
Superstar Sport*	Multisports Camp	Broadfields Primary School	HA8 8JP	4 to 11
Unitas Youth Zone	Multi-Activity Camp	Unitas Youth Zone	HA8 0DT	8 to 12

\* Ofsted Registered



Please note: Some of the camps listed above offer paid places for children who are not eligible for benefit-related free school meals. Some camps also offer early drop-off and late pick-up for an extra fee to BACE families. Contact the provider directly for more details. All camps are inclusive, meaning children with SEND needs can attend. If your child requires one-to-one support, please see the SEND page on page 13.



# Shows and events for you to enjoy this winter



## Non Stop Entertainment Disco



**Ages:** 7-11  
**Date:** Wednesday 16 April 2025  
**Time:** 15:00-17:00  
**Venue:** Finchley Youth Centre, N2 9ED

Get ready to dance the night away at our **Spring Disco** - a fun filled evening just for the kids! Join us for music, games, and plenty of excitement. There will be a DJ spinning all the best tunes, colourful lights, and even some special surprises! Dress in your brightest spring colours and bring your best dance moves.



## Science Show



**Ages:** 4-16  
 (children must be accompanied by an adult)  
**Date:** Thursday 17 April 2025  
**Time:** 11:00-12:00  
**Venue:** Finchley Youth Centre, N2 9ED

Jaw-dropping science experiments. Mind-blowing science demonstrations - as the original science party provider we've had longest to figure out how to boggle their minds! And not forgetting entertaining games!



## Believe in the Magic



**Ages:** 5-16  
 (children must be accompanied by an adult)  
**Date:** Wednesday 16 April 2025  
**Time:** 11:00-12:00  
**Venue:** Finchley Youth Centre, N2 9ED

Do not expect to see a boring show where the kids are seated, and requested to watch, and listen carefully! This is not a lesson - it's a kids' show! That's why our Magic Shows are full of interactions with the little spectators. Some of them even get the chance to perform magic themselves!



## Unplug and Rewind with Classic Games



Come along and play games such as ping pong, giant drafts, Jenga, Lego, VR games and a range of board games.

**Ages:** 8-13  
**Date:** Monday 14 April 2025  
**Time:** 10:00-11:30  
**Venue:** Finchley Youth Centre, N2 9ED

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## Easter Bunny Tales

**Ages:** Recommended Under 7s

**Times & Dates\*:**  
**10:00-10:50**  
**Monday 14 April 2025**  
**Tuesday 15 April 2025**  
**Wednesday 16 April 2025**  
**Thursday 17 April 2025**

**Venue:** Chickenshed, Chase Side, Southgate, N14 4PE

\*Limited tickets available.  
 Book via: [www.barnetyouth.uk](http://www.barnetyouth.uk)



Egg-stra Special Easter Fun! Join us this April for Easter-themed performances filled with enchanting stories, lively songs, and plenty of movement. Perfect for all ages, these shows are a hopping good time!

Be sure to visit our café after the show and join our annual Easter colouring competition. Whether you stay and colour with us or take it home, the fun is guaranteed!



## Chickenshed

Join us, let the adventure begin!

**Diverse & Inclusive Fun:**

Our shows are packed with educational songs, movement, and language games designed to support brain development and early learning. We create a welcoming space where every child - no matter their background or ability - can experience the magic of theatre.





# What's on



## arts depot

### Family Shows



#### The Worst Princess\*

A delightful dragontastic show for pop princesses and naughty knights.

**Date:** Sunday 13 April 2025

**Time:** 14:00-15:00

**Venue:**

Arts Depot,  
North Finchley, N12 0GA

\*Limited tickets available. Book via: [www.barnetyouth.uk](http://www.barnetyouth.uk)



#### Pirates Love Underpants\*

Based on the beloved book by Claire Freedman and Ben Cort. These pirates SO love underpants!

**Date:** Thursday 17 April 2025

**Time:** 14:00-15:00



## Nerf Battles



Gather your friends and unleash your inner warrior with an action-packed Nerf Battle! It's the perfect way to have fun, get active, and create unforgettable memories - Let the games begin!

**Ages:** 7-11

**Date and Time:** Monday 14 April 2025  
14:30-15:30

Tuesday 15 April 2025  
10:30-11:30

**Ages:** 12-16

**Date and Time:** Tuesday 15 April 2025  
14:30-15:30

**Venue:** Finchley Youth Centre, N2 9ED

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## Pop-Up Cinema

Create family memories in our pop-up cinema experience, with a selection of healthy snacks and popcorn for children free of charge.

**Film:** The Goonies

**Thursday 17 April 2025 - 13:00**

**Ages:** 5-16



# Hello Spring



**DID YOU KNOW:** Ed Sheeran, Dua Lipa, Kate Winslet and Olivia Coleman are just some of the celebrities campaigning for more children to have to access free school meals.



## Lego Creations



Get creative and build a little set piece, recreate a moment in your life, the life of your friends or family, a scene from a movie or something fantastical, something surreal. Let your imagination run loose with the magic of Lego. Combine your creations with art materials or the furniture on site to create a final piece that you can snap a polaroid of. Creations will be shared online using Barnet's socials.

**Age:** 5-7 • 12:00-13:00

**Age:** 8-11 • 13:30-14:30

**Dates:** Monday 07, Tuesday 08 & Wednesday 09 April 2025

**Venue:** Finchley Youth Centre, N2 9ED

## Fashion Design Course

Learn essential fashion techniques, and craft unique items that reflect your style! Learn how to take your concept from the page into reality. The sessions cover the basics of pattern making and stitching as well as how to explore and finalise your own design concepts.



**Age:** 9-13

**Date:** Wednesday 16 & Thursday 17 April 2025

**Time:** 10:00-12:00

**Venue:** Finchley Youth Centre, N2 9ED

## Boxing

These sessions will help you up your boxing skills whilst learning new techniques and building your strength and conditioning. Delve into the technical aspect of what makes a formidable boxer, test and build up your mental and physical stamina. A great introduction to the sport and all the disciplines it has to offer.

**Ages:** 8-11 & 12-16

**Dates:** Monday 14 April & Tuesday 15 April 2025

**Time:** 50min sessions  
(See website for start times)

**Venue:** Finchley Youth Centre, N2 9ED



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## Street Photography

Capture life in motion with our immersive street photography session. This guided walk will sharpen your eye for compelling compositions, candid moments, and urban storytelling. Learn techniques for working with natural light, framing dynamic shots, and approaching subjects with confidence. The group will meet at Finchley Youth Theatre and set off for a walk around the local area. All equipment is provided.

**Ages:** 11-16

**Dates:** Thursday 10 & Friday 11 April 2025

**Time:** 10:00-12:00

**Venue:** Finchley Youth Centre, N2 9ED



## What's on

### SEND Performing Arts

Love to sing, dance & act, then come and attend our holiday performing arts session for SEND (Special Educational Needs, Disability & Autism) Young People.



**Date:** Thursday 10 April 2025  
**Time:** 13:00-15:00  
**Venue:** Finchley Youth Centre, N2 9ED

### Arts & Crafts

Each day offers brand new, exciting skills to explore within arts & crafts. Get creative whether that is painting, crafting or building something unique. Its the perfect short activity to spark imagination and have fun whilst making new friends.

**Ages:** 7-11  
**Date:** Monday 07 April 2025  
Tuesday 08 April 2025  
Wednesday 09 April 2025  
Wednesday 16 April 2025  
Thursday 17 April 2025  
**Time:** 10:00-11:30  
**Venue:** Finchley Youth Centre, N2 9ED



### Learn Stop Motion Animation



Unleash your creativity with our Stop Motion Animation Course. This course provides a beginners introduction to the world of stop motion animation, focusing on 2D animation techniques. You will learn the fundamental principles of animation, including timing, motion, and narrative. Young people will work towards putting together their own small clip by the end of day two.

**Ages:** 10-14  
**Date:** Monday 14 & Tuesday 15 April 2025  
**Time:** 12:00-14:00  
**Venue:** Finchley Youth Centre, N2 9ED



### Chocolate Creations

Join us and learn to craft your own festive chocolate treats! Melt, mold, and decorate a variety of Easter-themed chocolates, from adorable bunnies to indulgent chocolate nests. This hands-on experience is a great way to get creative and take home your handmade delights - if you can resist eating them straight away! The chocolate creation will be decided on the day.

**Ages:** 8-13  
**Date:** Monday 14 April 2025  
**Time:** 10:00-11:30  
**Venue:** Finchley Youth Centre, N2 9ED



## SHORT BREAKS EVENTS MARCH - MAY 2025

Creative activities and trips for young people ages 10-18 with additional needs. For enquiries or to enrol phone: 0203 743 2326 / 07712244651  
email: [ben@communityfocus.co.uk](mailto:ben@communityfocus.co.uk)  
Visit us at Friary House, Friary Park, Friary Road, London N20 0NR  
[www.communityfocus.co.uk](http://www.communityfocus.co.uk)







All the trips below are for young people and they will be supervised by staff members.

### Flip Out

Young people can enjoy everything that flip out has to offer. Only BACE children receive funded food and drink.



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**Ages: 12-16**  
**Thursday 10 April 2025**  
**Thursday 17 April 2025**

### Laser Quest

BACE children will experience a 2-hour pizza party adventure, fully funded



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access to two 20-minute laser quest games, one 5D VR cinema experience, with food. The session will conclude with 30 minutes in a dedicated room with team building games.

Positive Activities children will access the Laser Quest Adventure package (please note this does not include a funded food/drink offer).

**Ages: 12-16**  
**Thursday 10 April 2025**  
**Thursday 17 April 2025**

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### InflataNation

Get ready for giant inflatable slides, the thrilling helter-skelter, our epic inflatable obstacle course, the exciting tipping slide, and so much more. Plus, your brand-new Colindale arena features an absolutely enormous ball pit – it's seriously huge! Fun for everyone awaits!.



**Ages: 12-16**  
**Wednesday 09 April 2025**  
**Wednesday 16 April 2025**

## Term Time Fun



We have lots of activities on offer during term-time across the borough. See below for some of the highlighted activities. Get involved this Spring term or sign up for Summer Term in April 2025.

### SEND Performing Arts Group

Love to sing, dance & act? Come along and attend this weekly performing arts session for SEND (Special Educational Needs, Disability & Autism) Young People. At the end of each term there will be a short performance/sharing of work which you can invite your family and friends to.

**Ages: 11-25 for children with disabilities**

**Dates: Mondays**

**Time: 16:00-17:15**

**Venue: Finchley Youth Centre, N2 9ED**

### Creative Photography

Learn the art of Stop Motion Animation, experiment with slow shutter speed, capture dynamic street photography, and so much more. Whether you're a beginner or already passionate about photography, this course will help you develop new skills and bring your ideas to life. Start exploring the world through your lens!

**Ages: 12-19**

**Dates: TBC\***

**Location: TBC\***

### Basketball

Come and improve your basketball skills with our Wuma Sports basketball coaches! Open to boys and girls of all abilities.

**Ages: 12-19**

**Dates: TBC\***

**Location: TBC\***



### Boxing

Get fit and boost your confidence with our boxing classes! Whether you're a beginner or looking to sharpen your skills, our classes will help you build strength, improve technique, and have fun while getting in shape.

**Ages: 8-16**

**Dates: TBC\***

**Times: 17:00-17:45 (8-11s) & 18:00-18:45 (12-16)**

**Venue: TBC\***

### Arts & Crafts

Explore your creative side in our Arts & Crafts sessions, experiment using various mediums to develop a style that best expresses your artistic personality. Create art projects that can be exhibited to friends and family.

**Ages: 7-11**

**Dates: TBC\***

**Time: TBC\***

**Venue: TBC\***

### E2E Football Seniors by LIFT CIC

Ready to level up your game? Join us for FREE football sessions delivered by FA coaches, designed just for you! Whether you're looking to improve your skills, meet new friends, or just have some fun.

**Ages: 13-18**

**Time: 18:00-19:30**

**Mondays:**

**Whitefield School, NW2 1TR Astro turf**

**Tuesdays:**

**St James School, NW9 5PE Astro turf**

**TBC\***

**Check out the website for Dates, Times & Locations**



## What's on



**Barnet Libraries**  
at the heart of our communities  
LEARNING • LEISURE • LIFE

## CREATIVE COMMUNITIES

**Libraries have a huge choice of free books and CDs to borrow. You can browse and borrow up to 20 books or CDs with a library card and use the Select and Collect service to request specific items you'd like to borrow. You can also use a computer for 3 hours a day or use the unlimited Wi-Fi with your library card. That's free too!**

The digital library is available 24/7. Libraries have a great choice of free activities too. Take part in a Lego or Board Game Club or join one of the Creative Communities events, including crafts, improvisational theatre shows or learn to play chess. You can even meet an author!

It's free to join the library. You can join online or visit your local library in staffed opening times to sign up.

Find out more at [www.barnet.gov.uk/libraries](http://www.barnet.gov.uk/libraries) or keep up to date with the latest news by signing up to the library newsletter for children and families at [www.barnet.gov.uk/librarynewsletters](http://www.barnet.gov.uk/librarynewsletters)



### KEV F'S COMIC ART MASTERCLASS

Kev F Sutherland writes and draws for Beano, Doctor Who and Marvel comics, and makes graphic novels adapted from Shakespeare, and now he'll teach you how easy it is. After the end of a Comic Art Masterclass, everyone goes away with a comic containing a strip by everyone in the class plus an individual caricature by Kev F.

**Ages: 6-13**

**Date: Friday 11 April 2025**

**Time: 2 hours**

**Venue: Chipping Barnet Library**

# Barnet Parent Champions

**Parent Champions are committed volunteers who dedicate a few hours a week to support parent/carers, providing guidance on accessing support organisations.**

*'BACE has been a lifeline for my family and I. The structured, well-planned, thoughtful, and meaningful activities have really boosted confidence in my children and provided them with positive and useful ways to keep occupied'*  
**Parent Champion Summer 2024**

*'My two lovely boys, aged 4 and 7, enjoyed every day in BACE Holidays Camp during last summer. They engaged in a wide range of physical and creative activities such as football, multi sports, arts, crafts, cookery, etc. They have developed new skills and made new friends as they engaged in a lot of team games. They have become more confident. The most crucial aspect to me is that my kids have entertainment in a safe and well-structured environment and supervised by qualified staff. I highly recommend BACE Holidays for inspiring children'*

**Parent Champion Summer 2024**

**If you would like to become a Parent Champion and make a difference in Barnet contact:** Email: [parent.champions@barnet.gov.uk](mailto:parent.champions@barnet.gov.uk)  
Telephone: 07501 005323

**Volunteer  
Opportunity**



# Fit and Active Barnet | Card | Better

Being active is easy, fun and social. It can lift your mood, keep your heart healthy, and is a great way to meet friends. Through the FREE Fit and Active Barnet (FAB) card, juniors can have access to a range of physical activity opportunities,



including 50% off leisure-based activities and FREE swimming for under 8s (Mon – Fri).

**Sign up now!**

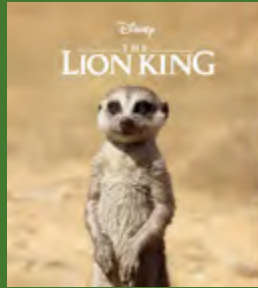
**WEIGHT MANAGEMENT**

**HEALTHY HEART**

**INCREASE ENERGY, RELIEVE STRESS**

[www.better.org.uk/fab-walking-in-barnet](http://www.better.org.uk/fab-walking-in-barnet)

## Timon and Pumbaa's Power Moves



Timon and Pumbaa make a great team. Test your strength with a partner.

Players: 2 or more  
Where to play?  
Indoors or Outdoors

### HOW TO PLAY

1



Facing each other, hold hands with your toes touching. Lean back supporting each other, bend your knees, then come back up.

2



With your backs together, link arms. Sit down, stick your legs out, then stand up.

3



Lie on your backs opposite each other, so your toes are level with the other person's knees. Then circle your legs over theirs.

4

**Repeat!**



Repeat all 3 power moves for 10 minutes.

## Barnet Legends

**Barnet Legends is an art trail with a series of 21 handcrafted, commemorative artworks, designed by Edward Crooks for everyone living or visiting Barnet to enjoy.**

Sited on public buildings, each artwork spotlights an individual who enriched the borough and the world around us through music, film, design, sport, art and more. From unsung heroes through to those with global acclaim, our legends were chosen by the community to reflect the creativity, innovation and diversity of the borough.

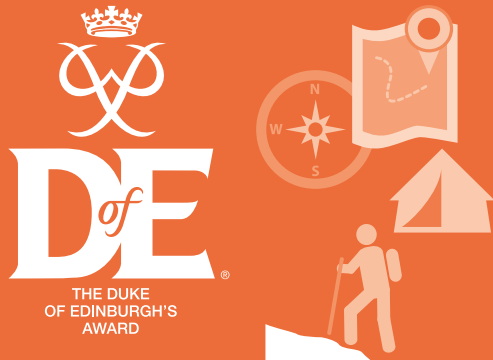
Every artwork you encounter is unique – just like the individual it portrays. Use this map to find out more about your local legends, and help us celebrate their legacy and inspire legends of the future.

Barnet Legends was installed in June 2024 and is a permanent reminder of the rich history of the borough. It was commissioned by Barnet Council and curated and produced by Create London.



Get Active

Free Activities for Young People  
Drop in, during the term-time to have fun!



The Duke of Edinburgh Open Award Centre



The Duke of Edinburgh Open Award Centre is open to all children and young people aged 7-19 in the Borough of Barnet.

For young people aged 13+ (Year 9), all activities contribute to achieving Bronze, Silver & Gold Awards.

## ACTIVITIES AVAILABLE

Arts and Crafts

Digital Photography

DofE Support Volunteering Opportunities

Expedition Training

Games including Pool and Table Tennis

Graffiti

Hair & Beauty

Homework club



Scan here for FREE activities [Barnetyouth.uk](http://Barnetyouth.uk)

Email: [DofE@barnet.gov.uk](mailto:DofE@barnet.gov.uk) • Tel: 020 8359 3100



## Mindcatchers: Igniting Creativity and Learning in Barnet

**Mindcatchers, a dynamic children's activity provider based in Barnet, is offering a wide range of educational and engaging programs designed to nurture young minds. From arts and crafts to team-building exercises, they focus on fostering creativity, social skills, and confidence in every child.**

One of Mindcatchers' standout offerings is their computer programming course for primary school children. With technology being an integral part of today's world, Mindcatchers uses various coding platforms and hardware devices to teach computer literacy in an exciting and hands-on way. Children are introduced to essential coding skills, creating projects and solving problems that promote logical thinking and teamwork.

During school holidays, Mindcatchers runs enriching holiday camps, eligible for BACE Holidays HAF funding, which ensures that children from all backgrounds can access these fun and

educational experiences. Their camps offer the perfect mix of play, learning, and adventure, giving children a supportive environment to thrive in.

Another fan favourite is Mindcatchers' Lego robotics sessions. These sessions cater to children of all abilities, offering both basic builds for beginners and complex challenges for more advanced builders. Through a blend of construction and coding, kids work independently or in teams to design and program their own creations. The use of sensors and coding platforms like Scratch provides opportunities to explore deeper levels of creativity and engineering.

Whether it's through coding, robotics, or engaging holiday camps, Mindcatchers is dedicated to providing children with the tools and support they need to grow, learn, and have fun. Don't miss out—check out their programs and holiday camps, and watch your child's skills and confidence soar!

**[Deborah@mindcatcher.co.uk](mailto:Deborah@mindcatcher.co.uk)**  
**[www.mindcatcher.co.uk](http://www.mindcatcher.co.uk)**  
**[@Mindcatcher.uk](https://www.instagram.com/Mindcatcher.uk)**





## How can [www.BarnetYouth.uk](http://www.BarnetYouth.uk) support children with Special Educational Needs and Disabilities (SEND) to access activities?

**Within our different projects, BACE Holidays, DoFe and Positive Activities term time and holidays we have various support offers.**

The Barnet Youth offer is an inclusive provision with three different ways in which children with SEND needs can access the programmes activities.

**The types of provision are:**

- Mainstream provision where children of mixed abilities will play alongside one another.
- Exclusive SEND Activities, specifically for children whose needs are better met within a specialist or target provision.
- Family SEND provisions where parent and child/siblings attend.

Often children with SEND don't require 1:1 support within the activities. However, we understand that every child is unique and their needs vary. Therefore, if your child does need specialist 1:1 support and qualifies for short breaks\* or direct funding, you can provide a support worker for your child to access mainstream activities. You will need to notify us in advance of the session and support workers will need to supply their DBS information upon arrival.

Currently BACE Holidays is the only project that is able to fund a limited amount of 1:1 support workers. Following the HAF guidance all eligible children are offered up to 4 hours a day of provisions for up to 4 days in the Spring. SEND children accessing BACE in need of 1:1 support will receive the same amount of hours and days as above. If parents request extended hours either side of the 4 hours funded by BACE, SEND support arrangements (including a 1:1 if needed) for the agreed extended hours will need to be discussed with the provider direct. (BACE Holidays do not fund additional hours).

**Please note:**

- There is limited funding and subject to availability.
- If your child requires extra support/1:1 support parents/carers will need to contact [BACEHolidays@barnet.gov.uk](mailto:BACEHolidays@barnet.gov.uk) 7 days prior to activity start date in writing. We are not able to provide and confirm any support after this date is in place.
- If you have funding but do not have access to 1:1 support staff you can contact the providers highlighted on this page.

### TeachNow

Teaching Agency and 1:1 SEND support Staff for BACE Holidays and North London Schools. [www.teach-now.co.uk](http://www.teach-now.co.uk)

### Barnet Mencap

Offers a range of support and events for children and adults with a learning disability, autistic people and their families, in Barnet.

[www.barnetmencap.org.uk](http://www.barnetmencap.org.uk)

### IPOP

Provides 1:1 support playworkers to enable your child or young person to attend mainstream play / leisure activities. [www.ipopsupport.org.uk](http://www.ipopsupport.org.uk)

### Resources for Autism

Provide practical services for children and adults with a diagnosis of autism and for those who love and care for them. [www.resourcesforautism.org.uk](http://www.resourcesforautism.org.uk)

### Exclusive SEND Activities

Based on the needs of the children and families attending activities, we continue to offer exclusive specialist SEND provisions for children and young people. These activities are on the booking site and will include whether they are available as exclusive SEND activities under both BACE holidays and Positive Activities. Please do

contact the team to discuss your child's participation and contact [BACEHolidays@barnet.gov.uk](mailto:BACEHolidays@barnet.gov.uk) or [byes@barnet.gov.uk](mailto:byes@barnet.gov.uk) at least 7 working days before the activity start date.

**Examples of activities are below:**

- SEND Performing Arts
- Strength and Learning Through Horses Autism friendly days
- SEND Sports Camps
- Resources for Autism
- Community Focus

### Family Fun SEND Sessions

Family Fun Sessions that will last between 45mins-2hours for families to be placed into small groups to enjoy activities. Sessions will be tailored for children with SEND needs, their parent/carer and their siblings to join in the fun and have some family time together (families will be able to book up to 4 participants per session\*\*).

- SEND Family Inflatables sessions
- SEND Family Cooking sessions
- SEND Multisport sessions
- Friendly Cinema Screenings and lots more



*\*Short breaks are a range of play and leisure services for disabled children and young people. The services are available for people who live in Barnet, from 0 to 19 years old (until their 19th birthday). These services are for children and young people who need additional support to access play and leisure services. Find out more and how to apply: [www.barnet.gov.uk/children-and-families/children-and-youngpeople-disabilities](http://www.barnet.gov.uk/children-and-families/children-and-youngpeople-disabilities)*

*\*\*Sessions will be delivered on a first come first served basis and initially bookings will be limited to one per family. Some activities will have a limited number of places that can be booked. Parents/Carers are to stay and partake in the fun with their children. Siblings are welcome to attend also.*

**Please see below the links to Barnet's Local SEND support offers that families can access.**

**Barnet's Local Offer:** <https://www.barnetlocaloffer.org.uk/>

**SENDIASS:** <https://www.barnet.gov.uk/children-and-families/barnet-send-information-advice-and-support-service-sendiass>

**Barnet Parent Carer Forum:** [www.barnetpcf.org.uk](http://www.barnetpcf.org.uk)



## Why not try these healthy meal ideas?



**Hot cross scones**  
(Serves 6)

### Ingredients

- 225g self-raising flour, plus extra for dusting
- 75g butter, softened
- 40g light muscovado sugar
- 75g small sultanas
- 50g cut mixed peel
- ½ tsp ground mixed spice
- 1 large egg, beaten
- 4 tbsp milk, plus extra for brushing
- 50g plain flour
- 2 tbsp caster sugar

### Method

1. Preheat the oven to 220°C/ fan200°C/ gas 7
2. Sift the self-raising flour into a large bowl; rub in the butter with your fingertips. Stir in the muscovado sugar, sultanas, peel and spice.
3. In a jug, beat together the egg, milk and a pinch of salt. Pour into the flour mixture and bring together to make a soft dough.
4. Lightly dust a work surface with extra flour, then roll out the dough to no thinner than 2cm. Using a 4cm cutter, stamp out the rounds. Transfer to a non-stick baking sheet.
5. Make the crosses. Mix together the plain flour and 1-2 tablespoons of water and knead to make a smooth dough. Roll out, cut into thin strips and put a cross on top of each scone. Brush with milk, then bake for 15 minutes, until well risen and golden.
6. For the glaze, dissolve the sugar in 2 tablespoons boiling water. Brush the tops of the scones. Cool on a wire rack. Eat while warm, or split and toast the next day and serve with a smudge of butter.



**Spring green pasta**  
(Serves 4)

### Ingredients

- 500g penne pasta
- 250g frozen peas
- ½ x 250g pack kale
- 260g pack spinach
- 25g pack basil
- 2 cloves garlic
- 30g unsalted butter, softened
- Zest of 1 lemon
- 100g cream cheese

### Method

1. Bring two large pans of salted water to the boil. Cook the pasta according to pack instructions, adding the peas for the final 3 minutes of boiling, reserving a mug of the cooking water, then drain
2. Meanwhile, in the other pan, cook the kale for 10 minutes, adding the spinach for the final minute and the basil for the final 30 seconds. Using a slotted spoon, transfer the vegetables to a bowl of cold water (this will help to retain their colour), then drain and squeeze out any excess moisture with your hands
3. Transfer to a blender with the garlic, cream cheese and 250ml water. Blend until smooth, adding a little more water if needed, then season with salt and pepper
4. Toss the green sauce and butter through the pasta, adding a little of the cooking water to loosen, if needed, then add the lemon zest and serve.



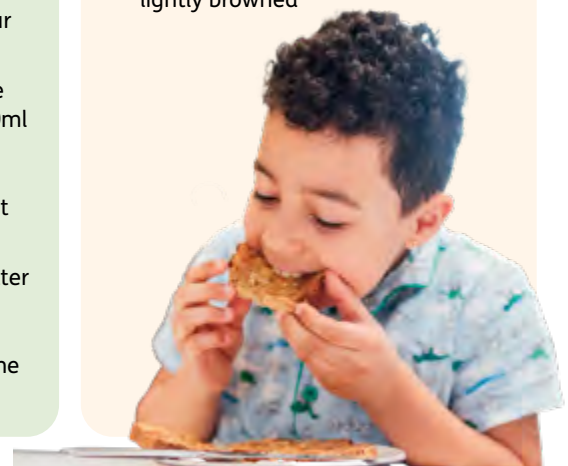
**Choc Chip Pancakes**  
American Style

### Ingredients

- 1 cup of flour
- 1 tsp. baking powder
- 1 cup of milk
- 1 egg
- 90g of choc chips
- butter for frying

### Method

1. Sieve the flour into a large bowl then add the egg and milk and whisk together until there are no lumps then add the choc chips
2. Add a teaspoon of butter to a frying pan and when melted add your mixture. make 2 or 3 small circular pancakes in one frying pan
3. Once you see bubbles on the surface it is nearly cooked underneath – gently try an edge with a spatula, if the pancakes moves as a whole it is cooked underneath so flip over to cook the other side
4. Ideally you want each side lightly browned





Barnet has a network of food banks which are available to support families in need. Visit: <https://www.barnet.gov.uk/directories/food-banks>

## Veggies all round with Simply Veg!



Veg Power, a not-for-profit organisation with a mission to increase the UK's vegetable consumption, have developed the 'Simply

Veg' campaign. The campaign offers a unique and fun approach to help families with the real challenges they face every day trying to eat more vegetables.

Check out the simply veg website - [vegpower.org.uk/simply-veg/](http://vegpower.org.uk/simply-veg/) - it's packed full of great ideas to help parents serve affordable food they kids will love.

There is a free eLearning platform called **Simply Veg Learning**. This is designed to provide all families with access to expert-led public health interventions to enable them to improve their families veg-eating habits in a convenient and cost-effective way.

## Simple vegetable frittata (serves 8)

### Ingredients

- 1 medium onion, finely sliced
- 1 pepper, core removed and finely sliced
- ½ tsp of dried herbs
- 3 medium tomatoes/handful cherry tomatoes
- 6 eggs
- 40g of cheese grated
- Salt and pepper to taste
- Olive oil

### Method

1. In a medium sized frying pan, heat some oil and add the prepared onion and pepper. Fry over a medium for 5-7 minutes until vegetables are soft
2. Break the eggs into a bowl and whisk them with a fork or whisk for until fully combined. Add the herbs, cheese and a good pinch of salt and pepper and mix well
3. Slice the tomatoes finely/cut the cherry tomatoes in half
4. Pour the egg mixture over the onions and pepper and then place the tomatoes neatly into the egg mixture
5. Cook the frittata on a low heat until the you can see the egg cooking and change colour. Finish off by placing the frittata under the grill until the eggs puff up or flip the omelette over and cook until the eggs are fully cooked through
6. Serve with a side salad of choice and bread.



## Spring into the Holidays with Bread n Butter Cooking Classes!

This spring, ignite your child's passion for cooking while bonding together in the kitchen! Bread n Butter invites parents and children to book fun-filled cooking experiences across Barnet. Whether you're attending as a parent-child duo or enrolling your child (ages 7-11) for their own class, there's something for everyone.

### What will Children Learn?

Children will learn to create a variety of tasty, nutritious recipes using fresh, seasonal ingredients. Under the guidance of our expert cookery leaders, they'll master essential kitchen skills such as chopping, grating, peeling, and cooking safely. And no worries – all the recipes, ingredients, and equipment are provided, so you just need to show up ready to cook!

With a wide selection of meat (all halal), vegetarian, and dessert options, there's something to suit every taste. Plus, our recipes are completely nut-free, ensuring a safe and enjoyable experience for everyone.

### Why Book a Cooking Class?

**Skills for Life:** Children gain practical skills they can use at home, boosting their independence and confidence in the kitchen.

**Healthier Choices:** They'll learn how to make simple, healthy dishes, empowering them to make better food choices.

**Fun and Educational:** A fun way for kids to develop new skills and make lasting memories with you.

**Inclusive Environment:** Bread n Butter is committed to fostering inclusivity, offering a welcoming space for all individuals, regardless of background.



## Ready to book?

Join us this spring for an exciting and enriching experience!

Visit [www.barnetyouth.uk](http://www.barnetyouth.uk) for more details and to secure your spot.

*Let's cook, learn, and grow together!*



## Would you like to help deliver Holiday activities for children and young people across Barnet?

**The Holiday Activities and Food Programme (HAF) runs throughout the school holidays (Spring, Summer, Winter) and provides children in the community with healthy meals and enriching activities.**

This London Borough of Barnet and Young Barnet Foundation programme needs motivated individuals with a genuine dedication to the people of Barnet.

Working directly for the community, you have the empathy and commitment we need to make a difference in a child's life during the school holidays.

This wonderful initiative benefits families who are struggling financially: and allows children to stay active, learn about nutrition and participate in fun experiences.

This role is ideal for volunteers with childcare, youth or classroom experience; or for those looking to gain experience in this area. It takes place in schools and community venues across the Borough of Barnet, and you will be supporting a variety of Holiday Activity and Food Programme providers.



Inspiring and supporting volunteering



**Additional training opportunities are available, and an enhanced DBS check will be provided.**

**Find out more: <https://barnetvolunteersc19.co.uk/volunteers/opportunity/10197465>**

**"I liked everything about the experience, especially being with the children. It was a very positive and inclusive experience; all of us joining in together." - BACE Holidays HAF Volunteer**

## Get healthy with Gro this Spring!

**The London Borough of Barnet and Gro Health are partnering to provide new weight management and healthy lifestyle support for young people in Barnet.**

Young people aged 13-19 years (up to 25 years with SEND) and their families can get FREE support from to Gro Health for 12 months!

### What is Gro Health?

At Gro Health, we're all about holistic health, so our program includes support around nutrition, physical activity, mental and emotional health, and sleep to help you improve your overall health and wellbeing.

### What's included in Gro?

With Gro Health you'll get tailored age-appropriate health education, supporting resources and behaviour change activities that whole family can get involved with.

Register your interest by scanning the QR code or visiting <https://web.grohealth.com/barnet> today!

### Need help?

Call us on: 0330 133 0307 (08:00-18:00 weekdays)

Email: [support@grohealth.com](mailto:support@grohealth.com)







**BOOST**  
PART OF  
The Barnet  
Group

**The Barnet  
Group**  
PERSON CENTRED

**DIGITAL SKILLS  
DROP-IN  
make it  
click**

**Free Digital Skills  
Workshops for beginners,  
no need to book, just turn up!**

<b>Mondays</b> 1:00pm – 3:30 pm @LoveBurntOak 102a Watling Avenue, Burnt Oak, HA8 0LN	<b>Tuesdays</b> 1:00pm – 3:00pm @LoveBurntOak 102a Watling Avenue, Burnt Oak, HA8 0LN
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**FREE SIM CARDS**   
with the national databank

BOOST has partnered with the Good Things Foundation, a digital inclusion charity, to provide free data to our community members via the National Databank. The National Databank, which was developed in collaboration with Virgin Media and O2, offers free mobile data vouchers to people who are unable to afford an internet connection.

**Eligibility:**

- you must be a Barnet resident
- have no or insufficient access to the internet at home.
- have no or insufficient access to the internet when away from the home
- cannot afford your existing monthly contract or top up

**You can collect a free SIM\* from:**

Burnt Oak	or	Cricklewood
Burnt Oak Library 99 Watling Avenue HA8 0UB		BOOST@184 184 Cricklewood Lane NW2 2DX

\*SIM cards include unlimited UK calls/text messages



**If you're more than 10 weeks pregnant or have a child under 4, you may be entitled to get help to buy healthy food and milk.**

If you're eligible, you'll be sent a Healthy Start card with money on it that you can use in some UK shops. Money will be added to this card every 4 weeks.

**You'll get:**

- £4.25 each week of your pregnancy from the 10th week
- £8.50 each week for children from birth to 1
- £4.25 each week for children between 1 and 4

**You can also use your card to collect:**

- Healthy Start vitamins – these support you during pregnancy and breastfeeding.
- Vitamin drops for babies and young children – these are suitable from 4-weeks to 4 years old.

For more information and to access the online application form please visit: <https://www.healthystart.nhs.uk/>

**NHS**

**If you are pregnant or have children under 4, you could get help to buy healthy food and milk**

Apply online at [www.healthystart.nhs.uk](http://www.healthystart.nhs.uk)



# BARNET'S FREE HOME ENERGY FIX



Book a free in-home visit or phone call with a Green Doctor or refer a friend or family member today.

**FREE expert advice to lower your bills at home.\***

Barnet Council is working with Green Doctor, part of Groundwork Charity, to help you cut energy costs.



SCAN ME



Eligibility criteria applies. Visit the website for details.



Bill saving advice



Switch to a cheaper energy deal



Energy saving kits including LED lightbulbs

**SIGN UP NOW AT: [www.barnet.gov.uk/homefix](http://www.barnet.gov.uk/homefix)**

Working together to become a net zero carbon borough **BY 2042**

Caring for people, our places and the planet

**BARNET · ZERO ·**



**BARNET**  
LONDON BOROUGH



FOR CHILDREN AND YOUNG PEOPLE	
<b>Barnet Integrated Clinical Services (BICS)</b> Mild to moderate mental health support for children, young people and families. 020 8359 3130 (9am to 5pm)	
<b>Kooth</b> Access free, safe and anonymous support. kooth.com	
<b>Rephael House</b> A safe place to recover, develop and grow. <a href="http://www.rephaelhouse.uk/SelfReferral">www.rephaelhouse.uk/SelfReferral</a> For more information call 020 8440 9144 or email <a href="mailto:csm@rephaelhouse.org.uk">csm@rephaelhouse.org.uk</a>	
<b>Resources for Autism</b> <a href="http://www.resourcesforautism.org.uk">www.resourcesforautism.org.uk</a> • 020 8458 3259	
<b>Young Minds Crisis</b> Text message YM to 85258 for free support.	

FOR EVERYONE	
<b>NHS England</b> Call 111 for non-emergency advice.	
<b>Samaritans</b> For emotional support call 116 123.	

<b>Barnet has a network of food banks available:</b> <a href="http://barnetyouth.uk/BACE-Holidays/Barnet-Food-Banks">barnetyouth.uk/BACE-Holidays/Barnet-Food-Banks</a>
<b>Barnet's Early Help Hubs support families to give their children a fair start in life:</b> <a href="http://barnet.gov.uk/0-19">barnet.gov.uk/0-19</a>

FOR PARENTS AND CARERS	
<b>Barnet Mencap</b> For parents of children with ADHD. School or professional referral required. 020 8349 3842 • <a href="mailto:projectsupport@barnetmencap.org.uk">projectsupport@barnetmencap.org.uk</a>	
<b>Child and Adolescent Mental Health Service (CAMHS)</b> For parents of children and young people (0-17 years) with mental health or severe emotional and behavioural difficulties. <a href="http://www.behcamhs.nhs.uk/parents-and-carers/">www.behcamhs.nhs.uk/parents-and-carers/</a> Call 0800 151 0023 24 hours a day, 7 days a week, 365 days a year.	
<b>Homestart</b> Perinatal health coaching for parents. Self-referral or professional referral. <a href="http://www.homestartbarnet.org">www.homestartbarnet.org</a> • 020 8371 0674 • <a href="mailto:admin@homestartbarnet.org">admin@homestartbarnet.org</a>	
<b>New Parent Zone –</b> <a href="https://www.barnetlocaloffer.org.uk/parent_zone">https://www.barnetlocaloffer.org.uk/parent_zone</a>	
<b>NSPCC</b> For adults concerned about a child or young person • 0808 800 5000	
<b>Qwell</b> Free, safe and anonymous online support and counselling. <a href="http://www.qwell.io/">www.qwell.io/</a>	
<b>Starline Parent Helpline</b> For parents and carers struggling with managing their child's behaviour. <a href="http://www.starline.org.uk">www.starline.org.uk</a> • 0330 313 9162 • Follow @StarLineSupport on Twitter	
<b>Young Minds – Parent helpline</b> 0808 802 5544 • (Monday to Friday 9.30am – 4pm)	

Mental health support for children and young people in Barnet is available in schools, from the NHS, via local authority services and through voluntary and community organisations. It is important that children and young people are aware of the free support available to them.





Did you know?

# HIRE Finchley Youth Centre, N2

Finchley Youth Centre has a number of spaces available for hire, such as Meeting Rooms and spaces for activities to take place.

Finchley Youth Centre, East Finchley, N2 9ED has its own theatre space, fully equipped dance studio and internet access.

Spaces in the building that are available for hire are a Theatre with up to 70 audience seats, Dance Studio (Mirrored and Sprung Floor), Meeting Rooms, Foyer/Café area and a Kitchen.

Hire charges per hour start from £15.07 - £30.00

For enquiries, contact us on:

0-19programmeslettings@barnet.gov.uk



**DID YOU KNOW:** You will find two Barnet Legends plaques dedicated to Amy Winehouse 1983–2011 and George Michael 1963–2016 on the front of the building. Go check it out!



20



**Amy Winehouse** 1983–2011. Critically-acclaimed singer and songwriter who wrote her first album 'Frank' while living in East Finchley. **Finchley Youth Theatre**

21



**George Michael** 1963–2016. Born in East Finchley and became a global pop music icon, philanthropist and LGBTQ+ rights campaigner. **Finchley Youth Theatre**

# BARNET Fostering

Our offer to you:

- **24/7 SUPPORT**
- **EXTENSIVE TRAINING**
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Caring for people, our places and the planet



[WWW.BARNET.GOV.UK/FOSTERING](http://WWW.BARNET.GOV.UK/FOSTERING)

