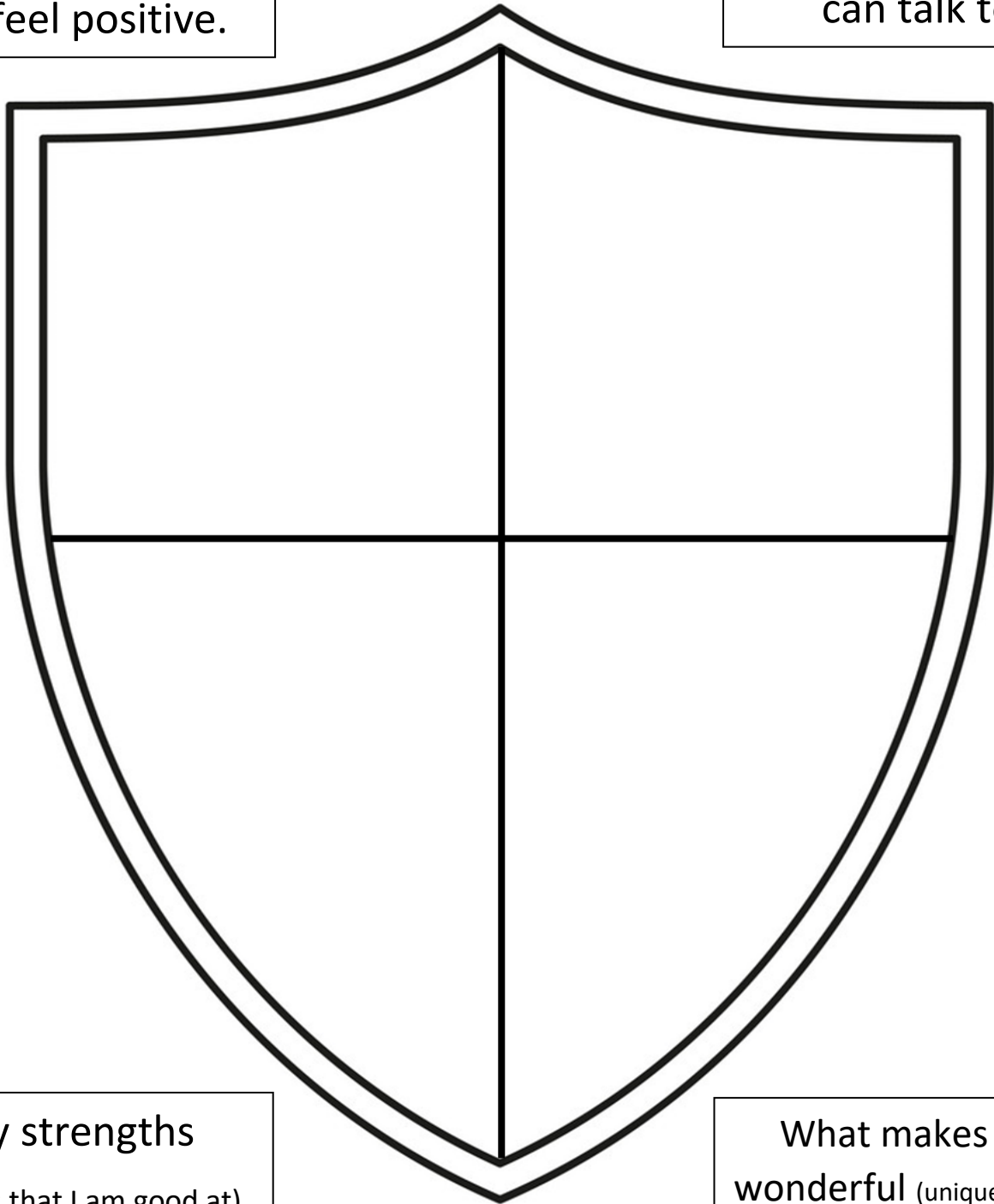


Shield of Resilience

Things that help
me feel positive.

Trusted people I
can talk to.



My strengths
(things that I am good at)

What makes me
wonderful (unique/special)