

# Emotions Thesaurus Vocabulary Grid

content	glad	joyful	cheerful	elated
jovial	overjoyed	thrilled	ecstatic	delighted
on cloud nine	pleased	gleeful	jubilant	upbeat

depressed	gloomy	miserable	cheerless	heartbroken
shattered	demoralised	gutted	crushed	devastated
tearful	unhappy	dejected	blue	despondent
glum	pitiful			

repelled	revolted	sickened	repulsed	nauseated
shocked	appalled	distaste	horrified	loathed
disliked	horror-stricken	aghast	offended	outraged
grossed out	put off			

annoyed	irritated	fuming	livid	cross
irate	frustrated	enraged	outraged	infuriated
incensed	agitated	furious	upset	bitter
raging	exasperated			

astonished	dazed	shocked	alarmed	stupefied
shaken	astounded	startled	bewildered	aghast
stunned	flabbergasted	thunderstruck	speechless	taken aback

calm	peaceful	tranquil	care free	blissful
content	unruffled	composed	serene	stress free
at ease	laid-back	mellow		

uneasy	terrified	alarmed	startled	anxious
upset	panicky	worried	afraid	distraught
troubled	in a state	petrified	fearful	frightened

thrilled	exhilarated	elevated	animated	delighted
exuberant	enthused	inspired	giddy	eager
roused	provoked			

Key	
Happy	Surprised
Angry	Excited
Scared	Disgusted
Sad	Relaxed